

Date: Feb. 20, 2026

Age-Friendly/NICHE Regional Conference

Time: 8 a.m.–5 p.m.

Johns Hopkins Health Plans

Building an Integrated Approach to the 4Ms

7231 Parkway Drive, Suite 100

Hanover, MD 21076

Register here: <https://cvent.me/rrDbBP>

Time		Session Title	Presenter(s)	Location
7:30 - 8 a.m.		Continental Breakfast		Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
8 - 8:15 a.m.		Welcome/Opening remarks	Karen Mack, D.N.P., M.B.A.	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
8:15 - 8:30 a.m.		How AF Care Improves Outcomes	Samuel Durso, M.D., M.B.A.	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
8:30 - 9:30 a.m.		Understanding the AF CMS Measures	Shari Ling, M.D.	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
9:30 - 9:45 a.m.		Building the AF Business Model in Surgery	Susan Gearhart, M.D.	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
9:45 – 10 a.m.		Break		
10 - 11 a.m. 11 a.m. – 12 p.m.	10 – 11 a.m.	What Matters	Sevdnur Cizginer, M.D., M.P.H.	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
	10 -10:30 a.m.	Goals of Care Discussion in the Unplanned Admission	Marion James, C.R.N.P.	Room 119
	10:30 – 11 a.m.	Goals of Care in Discharge Planning	Nancy Schoenborn, M.D., M.H.S.	Room 119
	11 a.m. – 12 p.m.	Mobility	Michael Friedman, P.T., M.B.A.	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
	11 -11:30 a.m.	Mobility Challenges	Sowmya Kumble, P.T.	Room 119
12 – 1 p.m.		Lunch with Visual Abstract Presentation		Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B

1 – 2 p.m.	1 – 2 p.m.	Mentation	Karin Neufeld, M.D.	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
	1 - 1:30 p.m.	Delirium Screening in the ED	Phil Magidson, M.D.	Room 119
	1:30 -2 p.m.	How to Address Delirium on the Inpatient Ward	Savannah Honaker M.S.N., R.N. Gretchen Marie Darroca-Siscar B.S.N., ONC, R.N.	Room 119
2 – 3 p.m.	2 - 3 p.m.	Medication	Nicole Brandt, Pharm.D., M.B.A.	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
	2 -2:30 p.m.	Pharmacy's Role in Inappropriate Medication Management	Jessica Crow, Pharm.D., M.P.H.	Room 119
	2:30 -3 p.m.	Inpatient Deprescribing	Cynthia Boyd, M.D.	Room 119
3 - 3:10 p.m.		Break		

Time	Session Title (Include Breaks/Meals)	Presenter(s) (Include Credentials)	Location (Room Name)
3:10 - 3:35 p.m.	Screening for Frailty: How, When, Where, and Why	April Ehrlich, M.D.	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
	Geriatric Syndrome - How to Avoid/Treat Postop Urinary Incontinence	Grace Chen, M.D., M.H.S., and Michele Bellantoni, M.D.	Room 119
3:35 – 4 p.m.	Screening for SDOH: How, When, Where, and Why	Hannah Kozaczek, M.S.W.	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
	Importance of Nutrition in Older Inpatients	Esther Silk, R.D.	Room 119
4 - 4:45 p.m.	Sharing the Johns Hopkins experience	Facilitated panel	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B
4:45 – 5 p.m.	Closing remarks	Susan Gearhart, M.D.	Multipurpose Room 1 - 123A; Multipurpose Room 2 - 123B